

## Join Us for Interactive Webinars!

Military OneSource is pleased to offer interactive webinars about topics important to you. Join us online each month to watch a panel of licensed counselors discuss healthy relationships, managing finances, coping with change, thriving as a military family and much more.

No registration is required. Just use the link on the day of the event you want to attend, type in your first name or nickname, and join the webinar. Message us your questions and comments during the events, or just sit back and learn.

### Upcoming Events

*Resolving Anger*

[September 19, 2018, 2-2:45 p.m. ET](#)

*Coping With Stress as a Military Couple*

[October 17, 2018, 2-2:45 p.m. ET](#)

*Couples: Stay Connected When Living Apart*

[November 14, 2018, 2-2:45 p.m. ET](#)

